

Time table woman

Day 1

9.30	100HS
10.00	High jump
11.30	1500m
13.40	400HS
14.20	Shot put
15.15	200m

Day 2

9.15	100m
10.00	Long jump
11.10	400m
11.40	Javelin
12.40	800m
13.45	200HS
14.35	Discus
15.25	3000m